

DETERMINERS & QUANTIFIERS

Complete the newspaper article with one of these words or phrases.
Use each word and phrase once.

all - all of - all (of) - both - both of - each of - every - little - little of - many
many of - much - much of - none - none of - ~~few~~ - few of

'5 PORTIONS A DAY' FALLS ON DEAF EARS

Despite the government's '5 portions a day' recommendation to eat more fruit and vegetables, a recent study has found that **1)**^{few}..... British teenagers are taking its advice. A thousand teenagers were questioned in the survey, **2)** them between the ages of 14 and 17. While **3)** said they knew about the campaign, **4)** the young people questioned, just 5%, said it had influenced their eating habits. In answer to the question 'How many pieces of fruit have you eaten in the last week?', an incredible 50% responded '**5)**

Sam Brown, 15, and Sarah Goodall, 16, were among the young people who took part in the survey. **6)** them conceded that fruit and vegetables didn't figure greatly in their diets. Sam admitted: 'I don't eat **7)** fruit at all, maybe just an apple sometimes. I don't think **8)** my friends are different.' Sarah felt that the busy lifestyle of today's teenagers was partly to blame: 'I'm not into vegetables and **9)** the time I'm too busy to eat fruit after dinner. I've got homework to do or friends to see.' **10)** agreed that the government's campaign wouldn't affect what they ate. Sam said: '**11)** the posters and adverts are hard-hitting enough. Their message is just 'Eat fruit or veg with **12)** meal.' If they want teenagers to eat more fruit and vegetables, they've got to convince us that it's really important.'

13) scientists have warned that failure to eat fruit and vegetables, particularly by young people, can lead to obesity, cancer and a host of other diseases. Professor Jess Adams from Queen's Hospital said: '**14)** the research points to a close relationship between levels of fruit and vegetable consumption and health, but surprisingly **15)** this research is reported in the press or on television. This means that the message is not getting across. The government tries to highlight the problem with its campaigns, but unfortunately there is **16)** sign that they have any long-term impact. Ultimately, however, it's up to **17)** us to think about what we eat and make healthy choices.'